

3774 Ridge Pike Collegeville, PA 19426 Phone: (610) 489-3333 Fax: (610) 489-9390 601 Gay Street Phoenixville, PA 19460 Phone: (610) 917-2200 Fax: (610) 917-2360

| Last Name: | | _First Name: | MI: | | | | | | |
|---|---|-----------------------------------|-------------------------------------|--|--|--|--|--|--|
| Street Address: | | City: | | | | | | | |
| State: Zi | ip Code: Phone: (_ |) Ce | ll Phone: () | | | | | | |
| Social Security No.: | Date of Birth: | Email: _ | | | | | | | |
| Primary Language: | English Spanish Othe | er: | | | | | | | |
| Please check all the appr | opriate boxes below: | | | | | | | | |
| Gender: □Male □F | | | n Preferences: | | | | | | |
| Sexual Orientation: □ S | traight 🛘 Gay/Lesbian 🔻 | Decline | | | | | | | |
| Marital status: ☐Marri | ied □Divorced □Separated □Single □ | lWidowed Other: | | | | | | | |
| Race: ☐ Black ☐ Asiar | n/ Pacific Islander $\;\;\square$ White $\;\;\square$ Hispanic/ Latino | ○ □Native American Other: | Decline | | | | | | |
| Living situation: □Alon | ne □Family □Personal Care Home □Grou | up Home □Homeless Oth | er: | | | | | | |
| *Demographics informat | ion above is required for state and insurance stati | stics reporting and will not affe | ct your ability to receive services | | | | | | |
| Employment Status: | Full Time □Part Time □Unemployed □R | etired □Self-Employed □ | Disabled □Student □Volunteer | | | | | | |
| Employer: | Address: | City/ | State/Zip: | | | | | | |
| Emergency Contact: | Address: | City/ | 'State/Zip: | | | | | | |
| Home Phone: | Work Phone: | Relationship: | | | | | | | |
| B : 1 | | | | | | | | | |
| Insurance ID: | | Group/Policy#: | | | | | | | |
| Subscriber Name: | | Subscriber DOB: | | | | | | | |
| Relationship: | | | | | | | | | |
| Subscriber Employer: _ | | | | | | | | | |
| Secondary Insurance: | | | | | | | | | |
| Insurance ID: | | Group/Policy#: | | | | | | | |
| Subscriber Name: _ | | Subscriber DOB: | | | | | | | |
| Relationship: | | Effective Date: | | | | | | | |
| Subscriber Employer: _ | | | | | | | | | |
| Primary Care Doctor: | Practice Nar | me: | Practice Phone: | | | | | | |
| | ion: | | | | | | | | |
| Assignment and Release: By signing below, I authorize payment of insurance benefits including Medicare, if I am a Medicare beneficiary, be made on my behalf to Penn Psychiatric Center/Collegeville Psychological Center for any services provided to me by the organization. I authorize the release of any medical or other information necessary to determine these benefits or the benefits payable for related services to the organization, the Centers for Medicare/Medicaid Services, my insurance carrier, or other medical entity. I understand and agree that I am financially responsible to the above party for charges not paid under this insurance policy. | | | | | | | | | |
| Appointments. I under 36 hour notice or three | Missed Appointments: By signing below, I understand Penn Psychiatric Center/Collegeville Psychological Center's policy on Missed Appointments. I understand that if I demonstrate a pattern of cancellations seen as three consecutive missed appointments without 36 hour notice or three missed appointments within a two month period I may no longer be able to receive treatment. I understand that if I miss an appointment, my psychiatrist is not responsible for calling in medications to my pharmacy as an alternative to an | | | | | | | | |
| Client Signature: | | Da | ate: | | | | | | |
| | ive/Guarantor Signature: | | | | | | | | |
| | | | | | | | | | |





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Consent to E-mails Text Messages/Phone Calls

| This communication request form pertains to appointment reminders, quality of service feedback, and general |
|--|
| health reminders and information only. Personal Protected Health Information will not be transmitted via text or |
| unsecure email. |
| |

| unsecure email. | | | | | | | | | |
|---|--|--|--|--|--|--|--|--|--|
| • | I consent to receive calls, voicemails and/or text messages from the practice at my cell phone number and any number forwarded or transferred to that number. | | | | | | | | |
| = | The <u>cell phone number</u> that I authorize to receive calls/voicemails/text message for appointment reminders, feedback, and general health reminders/information is: | | | | | | | | |
| Cell Phone Number: | | | | | | | | | |
| (Client Initials) | I consent to receive calls and voicemails from the practice at my home phone number and any number forwarded or transferred to that number. | | | | | | | | |
| The home phone nu general health remin | mber that I authorize to receive calls/voicemails for appointment reminders, feedback, and ders/information is: | | | | | | | | |
| Home Phone Number: _ | | | | | | | | | |
| | horize to receive e-mails from the practice at the email address listed below. horize to receive e-mail message for appointment reminders and general health reminders/ on is: | | | | | | | | |
| this reason, we do no | t/email communication is not always secure. Electronic messages can be intercepted and for t communicate personal health information through this method. PPC cannot guarantee but leans to maintain security and confidentially of information sent. | | | | | | | | |
| that I am of legal age | ndicates that I authorize that I am the person legally responsible for use of all the accounts, for consent, and that I agree to all terms and conditions of use for the text messaging/ation services. I understand that this authorization can only be revoked in writing. | | | | | | | | |
| Printed Name | | | | | | | | | |
| Signature | | | | | | | | | |



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CONSENT FOR RELEASE OF INFORMATION – Emergency Contact/Family Contact

| Name of Client: | DOB: | |
|---|---------------------|---|
| Address: | | |
| I, | | hereby authorize Penn Psychiatric Center/Collegeville Psychological Center |
| ☐ To <u>Release</u> Info | ormat | ion to: ☐ To Obtain Information from: |
| | |] via verbal □ via fax/ written |
| Name: | | Relationship to Client |
| Address: | | |
| Phone: | | FAX: |
| | | be released for: ☐ All Treatment dates or ☐ Treatment dates from: |
| □ Psychiatric Evaluation | | to: Summary of Treatment to Date Lab Reports |
| □ Medications | | |
| | _ | |
| ☐ Biopsychosocial History | | Communication and Treatment Plan Other: |
| □ Discharge Summary | | Academic/School Records |
| purpose of EmergencyContact/F | amily | isclosure of my protected Mental Health information as indicated above for the specificontact for Continuity of Care. Information to be released shall be forwarded to the ct and/or Penn Psychiatric Center/Collegeville Psychological Center. |
| 5100.3-39 of the regulations promulgated udisclosure of information relating to my alco | inder th ohol an | e this authorization by written or verbal communication. I have also been informed of my right (subject to Section the Mental Health Procedures Act of 1976) to inspect the information to be released. Furthermore, I consent to the dolor drug dependency provided that disclosure is limited, (pursuant to the Pennsylvania Drug and Alcohol Abuse of further treatment and government or other officials for the purpose of obtaining benefits. |
| This consent to release information | is eff | ective from:to:(not to exceed one year) |
| | | (not to exceed one year) |
| | | Date of Signature: |
| Signature of Client | | |
| Signature of Witness (If Patient i | s phy | Date of Signature:sically unable to sign) |
| Signature of Office Staff | | Date of Signature: |

(The Information enclosed is confidential. The law prohibits further copying without written consent of the person to whom it pertains.

Disclosure of this information is strictly prohibited and may be subject to civil liability)





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CONSENT FOR RELEASE OF INFORMATION - General

| Name of Client: | | | | | | | DOB: | | | | | |
|---|--|------------------------|--------|--------------------|----------|----------|---------|-------------|---|--|--|--|
| Addres | is: | | | | | | | | | | | |
| I, | | | | hereby aut | thorize | Penn Psy | chiatr | ic Ce | enter/Collegeville Psychological Center | | | |
| | | To <u>Release</u> Info | ormati | on to: | | | | To <u>(</u> | Obtain Information from: | | | |
| | | | | l via verbal | | via fax/ | writte | n | | | | |
| Name: | | | | | | Relati | onshi | o to (| Client | | | |
| Addres | ss: | | | | | | | | | | | |
| Phone: | <u> </u> | | | | | | FAX: | | | | | |
| Check | Personal H | ealth Informati | on to | be released for: I | □ All Tr | eatment | dates | or | ☐ Treatment dates from:to: | | | |
| | Psychiatri | c Evaluation | | Summary of Tre | eatment | to Date | | | Lab Reports | | | |
| | Medicatio | ns | | Medical History | 7 | | | | Other: | | | |
| | Biopsycho | social History | | Communication | n and Tr | eatment | Plan | | Other: | | | |
| | Discharge | Summary | | Academic/Scho | ool Reco | ords | | | | | | |
| purpos attention 5100.3-3 disclosur Act of 19 | Upon signing below, I consent to the disclosure of my protected Mental Health information as indicated above for the specific purpose of EmergencyContact/Family Contact for Continuity of Care. Information to be released shall be forwarded to the attention of Emergency/Family Contact and/or Penn Psychiatric Center/Collegeville Psychological Center. I have been informed that I may revoke this authorization by written or verbal communication. I have also been informed of my right (subject to Section 5100.3-39 of the regulations promulgated under the Mental Health Procedures Act of 1976) to inspect the information to be released. Furthermore, I consent to the disclosure of information relating to my alcohol and/or drug dependency provided that disclosure is limited, (pursuant to the Pennsylvania Drug and Alcohol Abuse Act of 1972) to medical personnel for the purpose of further treatment and government or other officials for the purpose of obtaining benefits. This consent to release information is effective from: [not to exceed one year] | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Signati | ure of Clien | t | | | | Date | of Si | gnat | ure: | | | |
| Signati | ure of Witne | ess (If Patient is | s phys | ically unable to | sign) | Date | e of Si | gnat | ture: | | | |
| Signati | ure of Office | e Staff | | | | Date | of Si | gnat | rure: | | | |

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CONSENT FOR RELEASE OF INFORMATION - Primary Care Physician

| Name of Client: DOB: | | | | | | | | | |
|---|---|----------|---------------------------------------|---------|--|--|--|--|--|
| Addre | SS: | | | | | | | | |
| | | □lr | efuse to release/ Do not have a Prima | ry Ca | re Physician | | | | |
| I, | | | hereby authorize Penn Psychia | itric C | Center/Collegeville Psychological Center | | | | |
| | ☐ To <u>Release</u> Inf | forma | tion to: | То | Obtain Information from: | | | | |
| | | | □ via verbal □ via fax , | / writt | ten | | | | |
| Name | (Person Agency Medical | Pract | ice): | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Check | Personal Health Informat | ion to | released for: All Treatment dates | or | ☐ Treatment dates from: | | | | |
| | | | | | to: | | | | |
| | Psychiatric Evaluation | | Summary of Treatment to Date | | Lab Reports | | | | |
| | Medications | | Medical History | | Other: | | | | |
| | Biopsychosocial History | | Communication and Treatment Plan | | Other: | | | | |
| | Discharge Summary | | Academic/School Records | | | | | | |
| purpo Prima 5100.3- disclosu | Upon signing below, I consent to the disclosure of my protected Mental Health information as indicated above for the specific purpose of Primary Care Physician for Continuity of Care. Information to be released shall be forwarded to the attention of Primary Care Physician and/or Penn Psychiatric Center/Collegeville Psychological Center. I have been informed that I may revoke this authorization by written or verbal communication. I have also been informed of my right (subject to Section 5100.3-39 of the regulations promulgated under the Mental Health Procedures Act of 1976) to inspect the information to be released. Furthermore, I consent to the disclosure of information relating to my alcohol and/or drug dependency provided that disclosure is limited, (pursuant to the Pennsylvania Drug and Alcohol Abuse Act of 1972) to medical personnel for the purpose of further treatment and government or other officials for the purpose of obtaining benefits. | | | | | | | | |
| This c | onsent to release information | ı is efi | fective from: | (not | to: | | | | |
| This consent to release information is effective from: (not to exceed one year) Date of Signature: Signature of Client | | | | | | | | | |
| Signa | ture of Witness (If Patient | is phy | Date of rsically unable to sign) | Signa | ature: | | | | |
| Signa | ture of Office Staff | | Date of | Signa | nture: | | | | |

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Please initial all that apply:

Penn Psychiatric Center

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Penn Psychiatric Center / Collegeville Psychological Center encourages our consumers to be knowledgeable about policies and practices related to their continued quality care. All policies, procedures, and informational packets are available to be printed upon request, and most pertinent consumer information is posted in the waiting rooms.

By initialing and signing below, you as the consumer are agreeing that you have read/understand the following practices:

| | I have read and understand Penn Psychiatric Center/Collegeville Psy Privacy Practices. | chological Center's <u>Bill of Rights</u> and <u>Notice of</u> |
|--------|---|--|
| | I have read and understand all information outlined in the <u>Patient O</u> Collegeville Psychological Center's <u>Financial Responsibility Policy</u> ar waiting room. | |
| | I have read and understand the agency's notice of Assignment and I Policy outlined on the Client Information Sheet. | Release and the agency's Missed Appointment |
| | I have read and understand the agency's Civil Rights Compliance Inf | ormation posted in the waiting room. |
| | I have read and understand Penn Psychiatric Center/Collegeville Psy I agree that I have entered into treatment voluntarily and have the c — provider that I choose. | |
| | I understand that Penn Psychiatric Center/Collegeville Psychological religious creed, national origin or political affiliation. | center treats all consumers without regard to race, |
| Co | onsumer Name (Printed) | |
| Co | onsumer Name (Signature) | Date |
| W | /itness (If consumer is unable to sign) | Date |
| PF | PC Staff Signature (Witness) | Date |





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Pennsylvania as with the rest of the country has increased vigilance on prescribing practices for controlled substances. As a result Penn Psychiatric Center is required to be more vigilant as well. As per state requirements PPC will complete a mandatory search of the Pennsylvania Prescription Drug Monitoring Program (PDMP) for each client every time a controlled substance is prescribed.

The controlled substance prescription policy is as follows:

- Penn Psychiatric Center will only provide a prescription for Benzodiazepines and Stimulants only one month at a time.
- An appointment is needed to obtain a monthly prescription. Calling in controlled substance prescriptions is not allowed.
- Penn Psychiatric Center WILL NOT provide a prescription for Benzodiazepines with contraindicated medications including the following:
 - Methadone
 - Suboxone-Subutex
 - All Narcotic/Opioids Analgescis (Oxycodone, Oxycontin, Percocet, Percodan, etc.)
 - All CNS stimulant medications (ADD treatment medications)
- Penn Psychiatric will not provide a prescription for **Benzodiazepines** or **CNS stimulants** if there is a history of substance abuse or dependence.
- In the case of an emergency situation, a maximum of a five day supply of a controlled substance prescription may be prescribed and the prescription picked up in the office during business hours. This emergency supply will then be subtracted from the patient's next thirty day or monthly prescription.
- We will not be able to provide a replacement for any controlled substance prescriptions (Klonopin, Ativan, Adderall, etc.) if they are lost, stolen or destroyed.

| Please sign below to acknowledge receipt of this policy. | |
|--|------|
| | |
| Consumer Name (Printed) | |
| Consumer Name (Signature) | |





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Medication and Symptom Review

| Clie | ent N | lame: | | | | | | | | | | D | ate: | | | | | | | | |
|---------|---|----------------------|--------|--------|------------|-------|-------------|----------------|--------------------|--------|-----|---------------------|-------|---|-------|-------------|--------|-------|--------------|--------|------------|
| Ple | Please check all current medications and medications previously prescribed: No Medication History | | | | | | | | | | | | | | | | | | | | |
| | Ab | ilify | | Cym | balta | | На | ldol | | |] | Luvox | | Pro | vigil | | | Tr | ilafon | | Tegretrol |
| | Ati | van | | Depa | akote | | lην | /ega | | |] | Melaril | | Pro | zac | | | Tr | azadone | | Trileptal |
| | An | nbien | | Effe | or XR | | lην | ega S | Sustenn | а ⊏ |] | Methadone | | Rer | nerc | n | | Tr | intellix | | Valium |
| | Ad | derall | | Elavi | 1 | | Klo | nopi | n | |] | Neurontin | | Res | toril | | | Sa | phris | | Viibryd |
| | Bu | spar | | Eque | etro | | Laı | mical | | |] | Nuvigil | | Ris | perd | al | | Se | roquel | | Vyvanse |
| | Ce | lexa | | Fana | pt | | Lat | tuda | | |] | Pamelor | | Ris | perd | al Consta | | St | elazine | | Wellbutrin |
| | Clo | zapine | | Fetzi | ima | | Lex | kapro |) | |] | Paxil | | Rita | alin | | | St | raterra | | Xanax |
| | Со | gentin | | Foca | lin | | Lit | hium | | |] | Pristiq | | Roz | erer | n | | Su | lboxone | | Zoloft |
| | Со | ncerta | | Geo | don | | Lui | nesta | 1 | |] | Prolixin | | Tho | orazi | n | | Sy | mbyax | | Zyprexa |
| Oth | ner n | nedicatio | on pr | escrib | ed: | | | | | | | | | | | | | | | | |
| | | of psych | | | | s the | at ha | L | EI DEN t | ha m | | ·+· | | | | | | | | - | |
| _ | | ation Na | | c med | Dosa | | at 116 | 1VC 11 | LLFLD | | | of Use: | | RΔ | sult: | | | | Reason | Ston | ned: |
| IVI | euic | ation iva | iiiie. | | DUSa | gc. | | | | LCITE | 311 | 101036. | | ive | suit. | | | | iveasoii . | σιορ | peu. |
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| | | | | c med | | | at <u>W</u> | ERE I | NOT HE | | | or STOPPED D | JE TO | 1 | | FECTS: | | | | | |
| M | edica | ation Na | me: | | Dosag | ge: | | Length of Use: | | | | Result: Reason Sto | | | | | stop | ped: | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| <u></u> | rror | 1+ <i>Q</i> . Da | ct S | vmn: | toms | Da | ct S | ımnt | tom (D) | Cur | ro | nt Symptom | /C\ | Dlog | co ch | ock all the | rt an | n lu | | | |
| | | | | yıııp | LUIIIS | га | | | | | 16 | iit Symptom | (८), | | | | it upp | JIY | | | |
| P □ | C | Sympton Loss of A | | orost | | | P | - | Sympto | | ioo | 1 | | P | С | Symptom | labla | ۸na | or / Aggro | cion | |
| | | Easily Iri | | | | | | | Anxiety Phobias | | | 4 | | | | Racing The | | _ | ger / Aggres | 551011 | |
| | | Feeling I | | | | | | | | | | ziness | | | | _ | _ | | ation Proble | -ms | |
| | | Feeling I | | - | Ielpless | | | | | | | | | ☐ Memory Concentration Problems☐ Mood Swings | | | | | | | |
| | | Feeling \ | | | | | | | | | | | | | | | | | | | |
| | | Appetite | | | | | | | | | | | | ☐ ☐ Shopping Sprees | | | | | | | |
| | | Reclusiv | | _ | drawn | | | | Avoidar | ice | | | | | | Sleeping L | | | | | |
| | | Feeling | | | | | | | Eating D | isord | er | (Anorexia/Bulin | nia) | | | Increased | | al D | esire | | |
| | | Concent | | - | | | | | Obsessi | ve Co | mp | oulsive Behavior | | | | Increased | Energ | ξy, Ε | specially a | t Nig | ht |
| | | Tired/ N | | | | | | | | | | -Medical | | | | | | | ting Other | | |
| | | Insomni | | 0, | | | | | | - | - | Trusting Others | | | | | | - | before Sta | | Another |
| | | Excessiv | | -n | | | | | Being W | | | Trasting Others | • | | | | _ | | ted Activit | _ | , another |
| | | Guilt Fee | | - P | | | | | _ | | | ut/ Laugh at me | ۵ | | | Thoughts I | | | | , | |
| | | Feeling | | whelm | ьd | | | | - | | | d my Mind | • | | | Self-Mutila | | _ | | | |
| | _ | _ | | | | | | | | | | age from TV/Ra | dia | _ | _ | | | | atting | | |
| | | Decreas | | uai/ D | iiiicuitie | :5 | | | | - | | age irom i v/Ka | uio | | | Violent Be | | or | | | |
| | | Crying S | | _ | | | | | Pacing a | _ | | U.; | | | | Fire Settin | g | | | | |
| | | No Moti | | H | | | | | _ | | | lking to you | | | | | | | | | |
| | | Indecisiv | | _ | | | | | | | | auditory/visual) | | | | | | | | | |
| | | Death W | | | | | | | Mental | | ath | ny | | | | | | | | | |
| | | Suicidal | / Hor | nicida | Though | nts | | | Delusio | | | | | | | | | | | | |
| | | | | | | | | | Confuse | d / Di | ISO | riented | | | | | | | | | |





Witness Signature : ___

Penn Psychiatric Center

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Informed Consent for Treatment

| Name: | (Last Name) | (First Name) | (MI) |
|--|--|--|---|
| Name. | (Last Name) | | |
| ferred to as the oration with his therapy may | ne Center. Further, I consent to hanis/her supervisor. The rights, risks | , the undersigned, hereby attest that I have son under my legal guardianship mentioned above, at Penn Pso ave treatment provided by a psychiatrist, psychologist, social was and benefits associated with the treatment have been explain her party. The Center encourages that this decision be discussed discharge. | ychiatric Center, Inc., hereby re- orker, counselor, or nurse in collab- ned to me. I understand that the |
| - | - | I the Recipient's Rights and HIPAA pamphlets and certify that I s, I may get more information from the HIPAA Privacy Officer. | have read and understand its con- |
| physical viole to comply wit ner, C) the cli | nce, threatening behaviors, verbal th stipulated program rules or trea ent exhibits behavior that compro | lient may be terminated from the Center non-voluntarily, if an abuse or aggression, carries weapons, or engages in illegal act tment recommendations, or does not make payment or paymemises the safety or confidentiality of clients or the Center staff, ay appeal this decision with the Center Director or request to r | s at the Center, B) the client refuses ent arrangements in a timely man- . The client will be notified of the |
| regulations. A | As a rule, the Center may not say t nt as a mental health consumer u | iality of patient records maintained by the Center is protected o a person outside the Center that a patient attends the progranless: 1) the patient consents in writing, 2) the disclosure is allowered emergency, or to qualified personnel for audit, insurance payer | am or disclose any information iden- owed by a court order, or 3) the |
| ties. Federal any person w suspected chi ter's duty to v of a deceased ed by other h guardians of manner, a col indicates that | and/or State law and regulations on ho works for the Center, or about ld (or vulnerable adult) abuse or no warn any potential victim, when a l client have a right to access their ealth care professionals, in which non-emancipated minor clients un lection agency will be given appro | thment facility or provider is a crime. Suspected violations may do not protect any information about a crime committed by a p any threat to commit such a crime. Law and regulations do no reglect, or adult abuse from being reported to appropriate Statistical significant threat of harm has been made. In the event of a clie child's or spouse's records. Professional misconduct by a heal related client records may be released to substantiate disciplin der the age of 14 have the right to access the client's records. Printed billing and financial information about client, not clinical ghts regarding confidentiality. I permit a copy of this authorizated for program evaluation purposes, but individual results will read to the results will results will results. | atient either at the Center, against t protect any information about e or Local authorities. It is the Centert's death, the spouse or parents th care professional must be reportary concerns. Parents or legal When fees are not paid in a timely information. My signature below tion to be used in place of the original |
| portant for cl | | ng the most effective treatment to all those who seek service intments. Additionally, individuals who demonstrate a pattern ent with the Center. | |
| - | | nefits to be paid directly to the Center and I understand that I release any information required in the processing of this clain | |
| I consent to t | his treatment and agree to abide | by the above stated policies and agreements with Penn Psychia | atric Center, Inc. |
| Client/Parent | /Guardian Signature: | | Date: |



_ Date: ___



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Thank you for choosing us as your behavioral health provider. Understanding your financial responsibilities is an essential element to your care and treatment. Please read this document, and sign in the space provided. We are happy to answer any questions you may have regarding these policies.

ALL PAYMENT IS DUE AT TIME OF SERVICE

Co-Payments, Deductibles and Fees

- All co-payments, insurance deductibles and fees for services not covered by insurance must be paid at time of service. We will give you our best estimate of what the copay should be for each visit. The only way we can confirm what the co-pay should be exactly is reading the Explanation of Benefits we receive after the session is billed and paid. If your co-pay is higher than what was collected, you are responsible for paying the difference. If it should have been lower than what was paid by you, we will give you a refund or credit.
- We accept cash and credit cards (Visa, Mastercard). Payments are accepted in person, by phone or by mail.

Insurance

- It is your responsibility to know and understand the provisions, limits and the requirements of your individual benefit(s) plan. Please contact your insurance company with questions you may have regarding your coverage.
- We participate with most insurance plans. If you are not insured by a plan we participate with, payment in full is expected at time of service. If you are insured with a plan that we do business with, but do not have an up to date insurance card, payment in full is expected at each visit until we can verify your coverage.
- As a service to you, we will submit your claims to your insurance company; however, we cannot guarantee benefits or
 payment. Please be aware that you are responsible for the balance of your claim should your claim be denied by your
 insurance company. You remain financially responsible for all services provided by this office. Your insurance benefit is a
 contract
 - with you and your insurance company; Penn Psychiatric Center is not a part of this contract.
- Please be aware that some or possibly all services you receive may be non-covered, considered not necessary or unreasonable by insurers. You are financially responsible to pay for these services at the time of service or within 20 days of the billing statement.
- Please bring your insurance card to each visit. Please notify our staff of any changes in insurance prior to your next visit. If you fail to notify us of insurance changes in a timely fashion, you may be responsible for your entire bill.

Minors and Patients with Divorced Parent

- The parent/guardian that accompanies a minor to his/her appointment is expected to bring payment at time of service.
- For separated or divorced parents, payment is expected from the parent bringing the child in for treatment. We will not bill another parent for payments due at time of service; regardless of which parent is responsible for the insurance.





Billing Statements

- The balance of your statement is due within 20 days of receipt.
- If the balance is not paid in full by the due date, or other arrangements are not made with our office, a penalty rate of 6% may be applied to your outstanding amount.
- Payment may be made in person, by phone or mail. In addition to the acceptable forms of payment listed previously, we also accept checks for statement balance payments. There is a \$35 charge for all returned checks.

Past Due Accounts

- If your account is overdue by 30 days or more, you will receive a letter stating you have 14 days to pay your account in full. Partial payments will not be accepted unless payment plan is negotiated.
- If you have a balance on your account exceeding \$100, you are responsible for paying a minimum 50% of monies owed prior to being able to schedule any further appointments, and arrangement must be made for the remaining balance. If you have future appointments scheduled, and payment is not received, they will be cancelled.
- If your account balance is overdue by 45 days, with no attempt to pay, all future appointments will be cancelled, and you will not be able to schedule a new non-emergent appointment until payment is made.
- If your account must be sent to a collection agency, you will be responsible for all fees incurred from the collection agency and/or attorney.
- All payment plan arrangements are made at the discretion of Penn Psychiatric Center.
- Financial non-compliance may result in discharge from the practice.

Missed and Late Cancel Appointments

- If applicable, there is a \$50 fee for missed appointments or cancellations made less than 36 hours in advance of the scheduled appointment. This fee is not covered by insurance and must be paid prior to your next appointment.
- Patients who arrive more than 5 minutes past their appointment time may need to be rescheduled and will incur a late cancellation fee.
- Appointment reminder calls are made prior to your appointment as a courtesy and are not guaranteed. You are responsible for your scheduled appointment time even if you do not receive a reminder call from us.

Our practice is committed to providing quality care to our patients. Please let us know if you have any questions or concerns.

I have read the financial policy and agree to abide by its guidelines. I also understand that such terms may be amended or subject to change.

| | _ |
|---|------|
| Patient or Responsible Party Name (Printed) | |
| | |
| | |
| Patient or Responsible Party (Signature) | Date |





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TELEHEALTH CONSENT FORM

| Client Name: | | | | | | | |
|--|--|--|--------------------------|--|--|--|--|
| Date of Birth: | F | Phone Number: | | | | | |
| Email Address: | | | | | | | |
| | • | o participate in telehealth sessions warticipate in telehealth sessions with | • | | | | |
| Please check the services you | consent to receive via telehe | ealth: | | | | | |
| ☐ Outpatient Services Partial Hospitalization P | • • | ☐ CommonGround Services | □ IBHS | | | | |
| sessions will not be recorded of | or stored. Reasonable and ap with telehealth services and | ion apply during telehealth sessions propriate efforts have been made to all existing confidentiality protections h sessions. | eliminate | | | | |
| • | • | n compliance with HIPAA, however, is that your information is protected. | t is your responsibility | | | | |
| • | | telehealth session if they feel the su ough in order to protect the privacy of | • | | | | |
| enforcement can be dispatche | Please note, if the provider/clinician is concerned for your safety and a safety plan is not established, local law enforcement can be dispatched for a welfare check. Communication to other medical centers or crisis centers can also occur if the situation is deemed necessary. | | | | | | |
| The provider/clinician has the | right to discontinue telehealth | if they feel it is not clinically appropr | iate. | | | | |
| When services are being deliv participate and/or observe dur | | ldren depending on the age of the cl | nild a caregiver must | | | | |
| 0 0 | , , , | orm, I certify that I have read or had to abide by the rules identified in this f | • | | | | |
| Client Signature: | | Date: | | | | | |
| Staff Signature: | | Date: | | | | | |

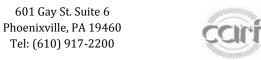




DBT Questionnaire

| e | | DOB | |
|---|-----|--------------------|--|
| Question: | | Please circle one: | |
| L. I have shifts in mood that last only a few hours at a time | YES | NO | |
| 2. I have anger that is inappropriate, intense, or uncontrollable | YES | NO | |
| 3. Self-destructive acts, such as self-mutilation or suicidal threats | | | |
| And gestures that happen more than once (in the last year) | YES | NO | |
| 4. I have two potentially self-damaging behaviors (circle below) | YES | NO | |
| Alcohol and other drug abuse | | | |
| Compulsive Spending | | | |
| Gambling | | | |
| Eating disorders | | | |
| Shoplifting | | | |
| Reckless driving | | | |
| Compulsive Sexual Behavior | | | |
| 5. I have trouble identifying who I am I have confusion about (circle below) | YES | NO | |
| Self-image | | | |
| Long-term goals | | | |
| Friendships | | | |
| Values | | | |
| What I think | | | |
| 6. I feel consistently empty inside, like I have a "hole inside" | YES | NO | |
| 7. I have a pattern of unstable, chaotic, or intense relationships (circle below) | YES | NO | |
| No middle ground – people are either the best or worst | | | |
| Alternate clinginess and feeling suffocated | | | |
| Great difficulty trusting | | | |
| Feeling of "needing" someone else to survive | | | |
| Heavy need for affection and reassurance | | | |
| 8. Feeling "out of it," not being able to remember what you said or did – | | | |
| especially because of severe stress | YES | NO | |
| 9. I notice, or people tell me, that I am extremely sensitive (circle below) | YES | NO | |
| Ability to sense how others are feeling | | | |
| Overly sensitive to criticism or rejection | | | |
| Tire people out with my extreme reactions | | | |
| A "little" thing to other people is a big thing to me | | | |
| 10. I have been through multiple years of therapy or several therapists | YES | NO | |
| without meaningful change taking place | | | |

**Adapted from Marsha Linehan, as annotated on www.palace.net (Borderline Personality Disorder)



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Life Event Checklist - Trauma Screening Tool

Listed below are a number of difficult or stressful things that sometimes happen to people. For each event check one or more of the boxes to the right to indicate that: (a) it <u>happened to you personally</u>, (b) you <u>witnessed it happen</u> to someone else, (c) you <u>learned about it</u> happening to someone close to you, (d) you're <u>not sure</u> if it fits, or (e) it <u>doesn't apply</u> to you.

Be sure to consider your entire life (growing up as well as adulthood) as you go through the list of events.

| Event | Happened to me | Witnessed it | Learned about it | Not Sure | Doesn't apply |
|--|-------------------|-----------------|------------------|-------------|------------------|
| 1. Natural disaster (for example, flood, hurricane, tornado, earthquake) | | | | | |
| 2. Fire or Explosion | | | | | |
| 3. Transportation accident (examples: car accident, boat accident, train wreck, plane crash) | | | | | |
| 4. Serious accident at work, home, or during recreational activity | | | | | |
| 5. Exposure to toxic substance (Examples: dangerous chemicals, radiation) | | | | | |
| 6. Physical assault (Examples: attacked, hit, slapped, kicked, beaten up) | | | | | |
| 7. Assault with a weapon (Examples: shot, stabbed, threatened with a knife, gun, bomb) | | | | | |
| 8. Sexual assault (rape, attempted rape, made to perform any type of sexual act through force or threat of harm) | | | | | |
| 9. Other unwanted or uncomfortable sexual experience | | | | | |
| 10. Combat or exposure to a war-zone (in the military or as a civilian) | | | | | |
| 11. Captivity (Examples: kidnapped, abducted, held hostage, prisoner of war) | | | | | |
| 12. Life-threatening illness or injury | | | | | |
| 13. Severe human suffering | | | | | |
| 14. Sudden, violent death (Examples: homicide, suicide) | | | | | |
| 15. Sudden, unexpected death of someone close to you | | | | | |
| 16. Serious injury, harm, or death you caused to someone else | | | | | |
| 17. Any other very stressful event or experience Please explain: | | | | | |
| SAMHSA Life Event Checklist: Blake, Weathers, Nagy, Kaloupek, Charney, & Keane, 199 | 5 | | | <u> </u> | |
| Printed Name: Signature: | | | | | |
| Date: | | | | | |
| Witness Signature: | | | _ Date: | | |

